

# Primary 7-11 Lesson



**Be informed.**

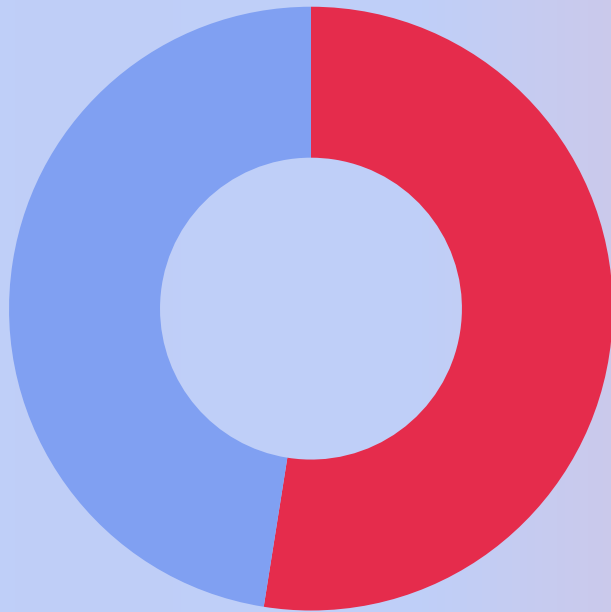


**Be curious.**



**Be heard.**

# Your latest results: “Would you feel comfortable having a conversation about your mental health?”



Yes

47.5%

No

52.5%

**“If you have a negative thought bubbling inside of you, you need to get it out because it can affect your mental health even more.”**

Pheasant Bank Academy

**“Yes, you should talk about your mental health because if you do talk and your friends have it then you can help each other.”**

West Green Primary School

**“I don’t feel comfortable having a conversation about my mental health because I think it is private information.”**

Homerswood Primary and Nursery School

**“It might be difficult to have a conversation with someone because you feel you might be judged.”**

Mildmay Primary School

52,646 young people voted this week! Were you one of them?

# Your latest results: “Would you feel comfortable having a conversation about your mental health?”

Firstly, a huge thank you to all the students who took part in this VoteTopic! Getting your honest views is so important to shaping our work. Time to Talk Day is all about encouraging people to have conversations about mental health. Talking to someone can be that all-important first step in our mental health journeys.

Your responses made it clear that many young people still find it hard to have those conversations in the first place and for a variety of different reasons. We want to help everyone feel more comfortable talking about their mental health – your views will help us plan just how we do that for future Time to Talk Days.



 **VOTESFORSCHOOLS**

**Sam Khaneka,**  
**Senior Marketing Officer (Time To**  
**Talk Day) at Mind**

Your views on “Would you feel comfortable having a conversation about your mental health?” were heard by:



childline



**YOUNGMINDS**  
fighting for young people's mental health

Mind

Co-op

Childline

Place2Be

YoungMinds



**Be informed.**



**Be curious.**



**Be heard.**

Want to share your views with us? Share your votes and comments by logging into your VotesforSchools account. You can also get in touch at [primary@votesforschools.com](mailto:primary@votesforschools.com)

Today's VoteTopic:

# Do you learn during history months?

UNCRC Article 4:  
Making rights real

UN SDG 5:  
Gender equality

VfS Key Theme 2:  
Equalities & identity

# 1 Starter: The rest is history...



# history

**Individual activity (1 min)**  
Can you spot a word hidden inside the word "history"?

LOREM IPSUM

# 1 Starter: The rest is history...



# history

The word "**story**" is hidden inside the word "**history**". History is where we learn about **stories** from the **past**.

LOREM IPSUM

## 2 Why are we talking about this?



Throughout the year, there are **different history months** to celebrate **different people's stories**.



### Challenge (2 mins)

Can you think of any VoteTopics you have done recently to mark different history months?



## 2 Why are we talking about this?



Each **February**, **LGBT+ History Month** takes place.



Click this box for definitions of  
LGBT+.

The theme for this year's **LGBT+ History Month** is **#UnderTheScope**. This celebrates the **positive changes** LGBT+ people have made to **healthcare**.

## 2 Why are we talking about this?



Some people think that **history months** help us **celebrate and learn the stories of different groups of people**.



Other people think that **a month is not enough time to learn about different histories** and that we should **talk about these stories all year round**.

## 2 Why are we talking about this?



So, **do you learn during history months?** Let's decide today.

### 3 Uncovering history



For a long time, **LGBT+ people's history was hidden**, so **LGBT+ History Month** was created to **learn about the past, celebrate the present and create a better future.**



#### Whole class activity (5-10 mins)

Over the next few slides, you will read about **key moments in LGBT+ history.**

As you read each one, **guess which year this event happened in.**



Protests at a bar in New York called the Stonewall Inn started after police stormed in. The bar was a popular place for LGBT+ people to hang out.

Which year do you think this took place in?



The first Pride festival, which celebrates the LGBT+ community, took place in London on 1<sup>st</sup> July. 1,000 people took part.

More than

Which year do you think this took place in?

Pride 2023.



A rule, which was called Section 28, was introduced. The rule meant schools weren't allowed to teach about LGBT+ people.

Which year do you think this took place in?



2000

In Scotland, schools were told that Section 28 was no longer in place so teachers could talk about LGBT+ people.

Sec **Which year do you think this took place in?** 003.





It became illegal to discriminate against LGBT+ people.

To treat a person differently because of who they are. Which year do you think this took place in?



LGBT+ couples were allowed to get married in England and Wales.

Which year do you think this took place in?

### 3 Uncovering history



There has been **lots of positive change** for **LGBT+ people** in recent years. However, **more needs to be done to improve LGBT+ people's rights** in the future.



Today it is **illegal to discriminate against somebody because they are LGBT+**, but many LGBT+ people **still face discrimination in their daily lives**.

# 4 A walk down memory lane



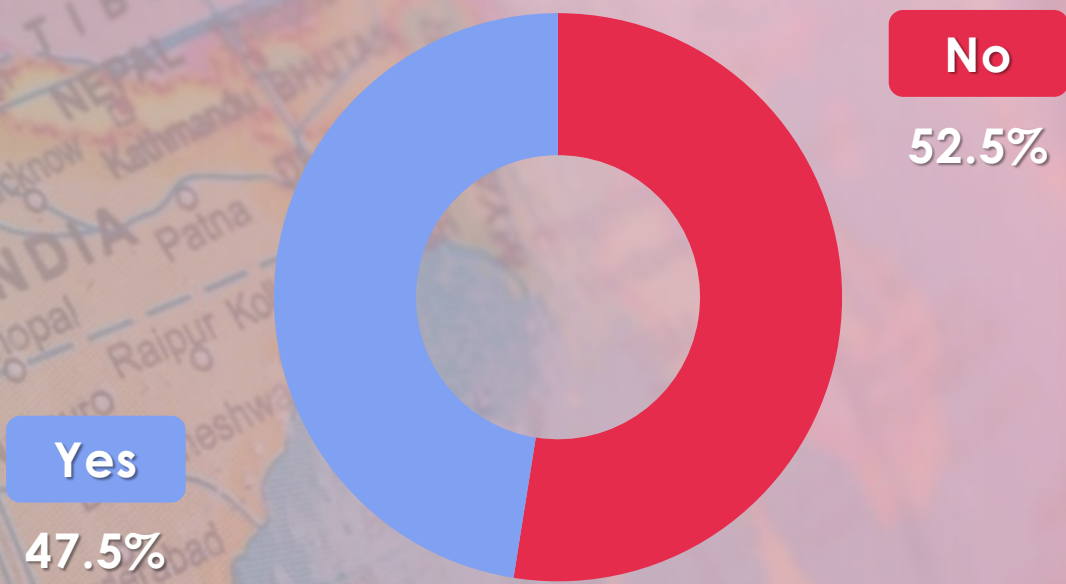
**Whole class activity (5-10 mins)**  
Over the next few slides, we are going to revisit some **VoteTopics that marked different history months**. For each one, **discuss if you learn during this month**.





## South Asian Heritage Month

We asked your thoughts on:  
**“Do we know enough about South Asian heritage?”**



Did you learn different stories during South Asian Heritage Month?

## 4 A walk down memory lane

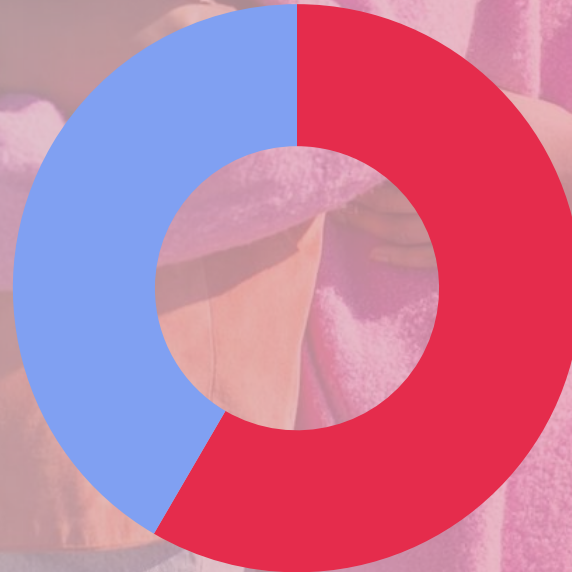


We asked your thoughts on:  
**“Are Black British women’s stories told in our history?”**

### Black History Month

**Yes**  
41.6%

**No**  
58.4%

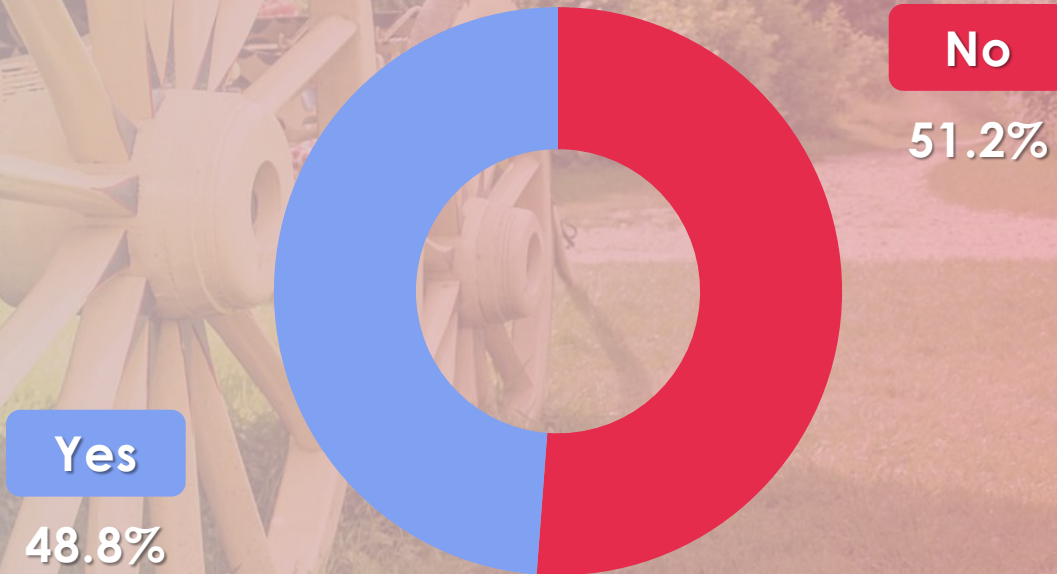


Did you learn different stories during Black History Month?



# Gypsy, Roma & Traveller History Month

We asked your thoughts on:  
**“Are we accepting of different ways of life?”**



Did you learn different stories during Gypsy, Roma & Traveller History Month?

## 4 A walk down memory lane



We asked your thoughts on:  
**“Do we see enough LGBT+ stories  
on screen?”**

### LGBT+ History Month



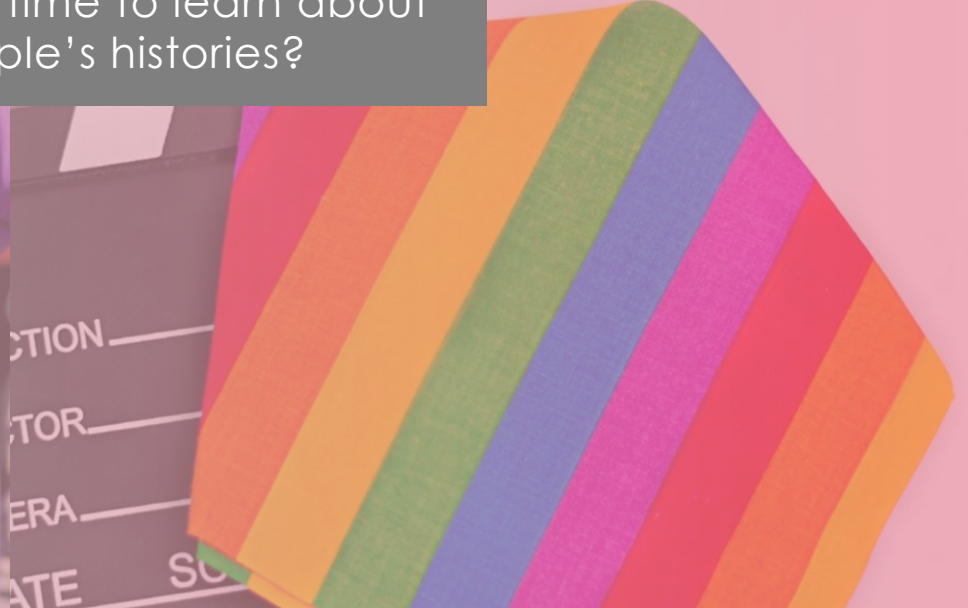
Did you learn different stories during LGBT+ History Month?



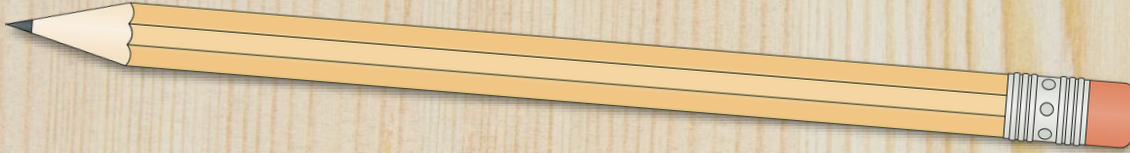
# 4 A walk down memory lane



**Challenge (1 min)**  
Is a month enough time to learn about different people's histories?



# 5 Where do you stand?

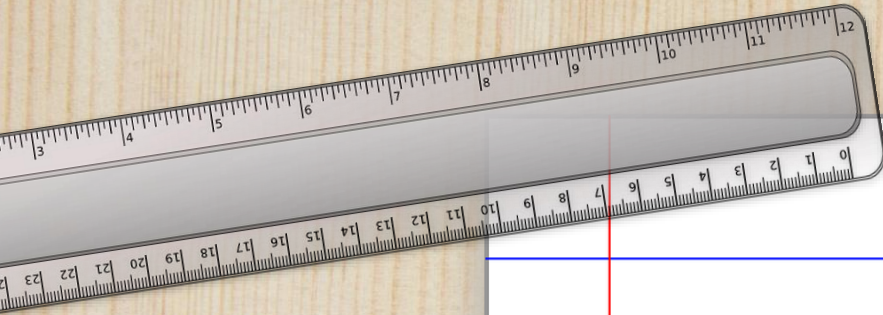


## Whole class activity (5-10 mins)

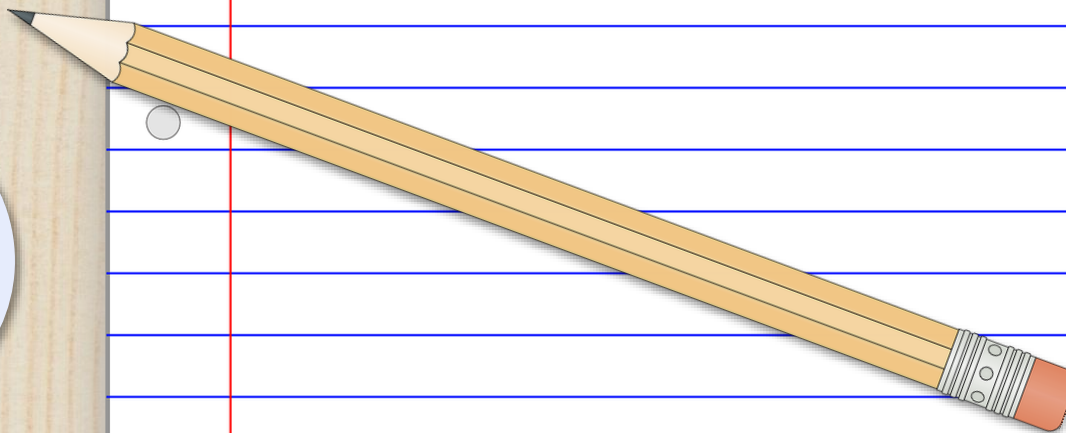
Over the next few slides, you will read some **statements about our VoteTopic**. For each one, decide if you **agree** (walk to the left) or **disagree** (walk to the right).



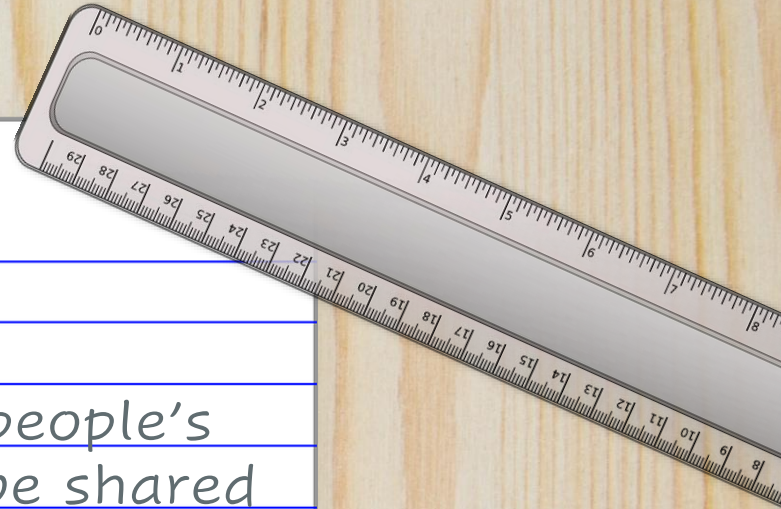
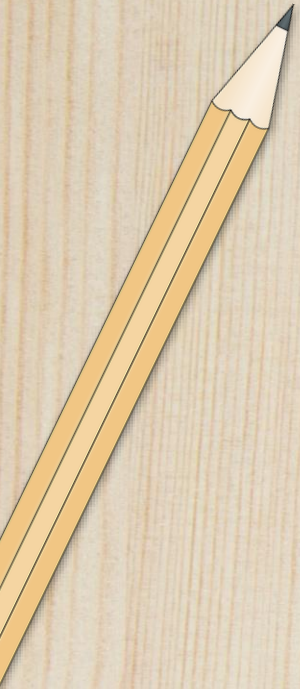
# 5 Where do you stand?



I look forward to history  
months each year.



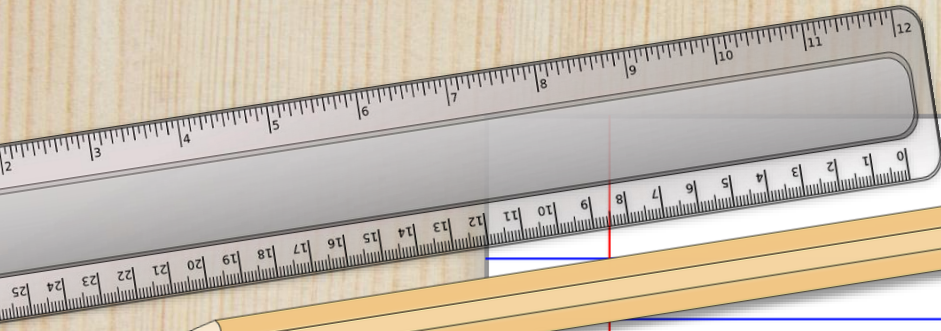
# 5 Where do you stand?



I think different people's histories should be shared all year round.



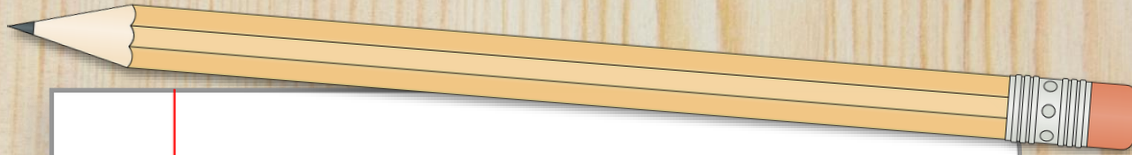
# 5 Where do you stand?



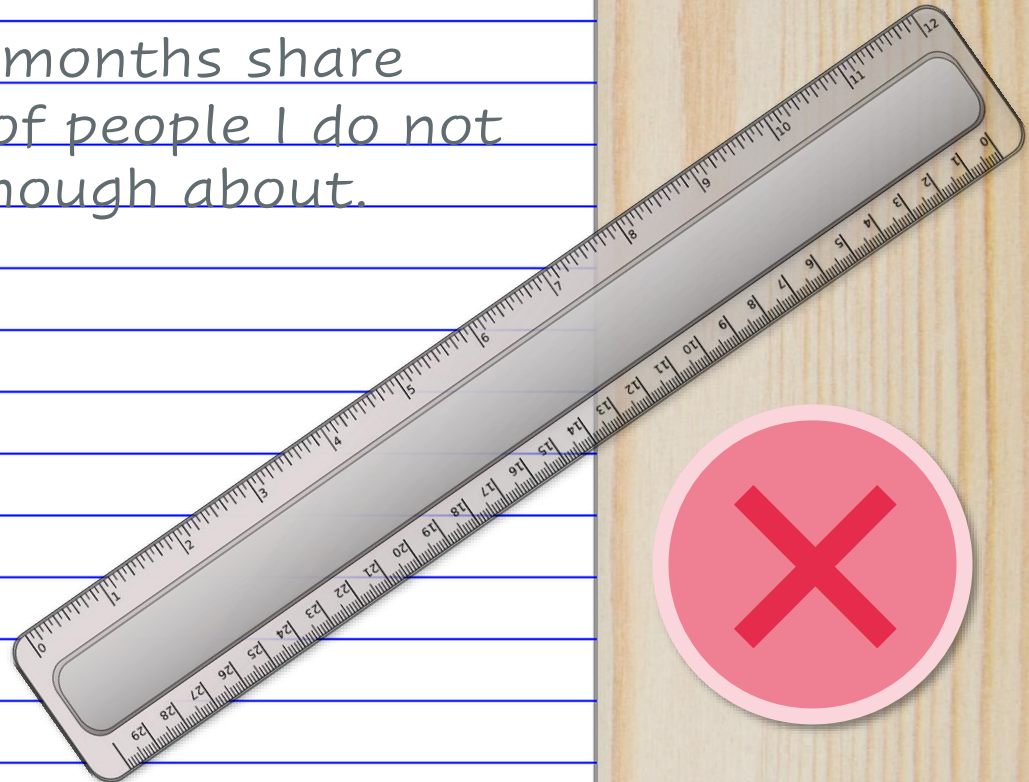
I learn a lot during history  
months throughout the  
year.



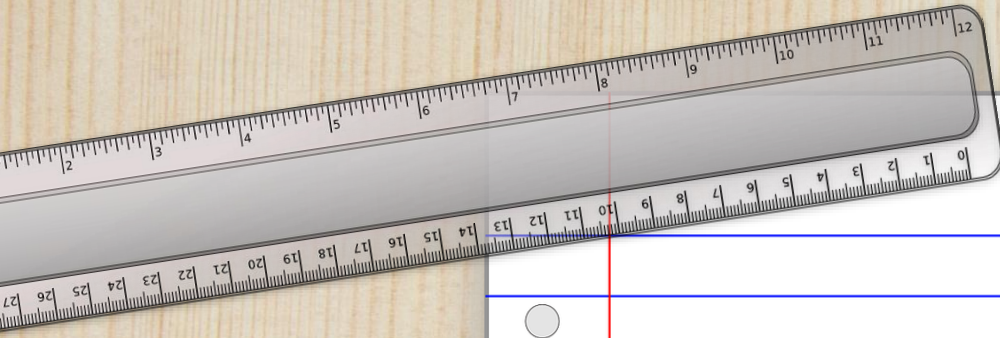
# 5 Where do you stand?



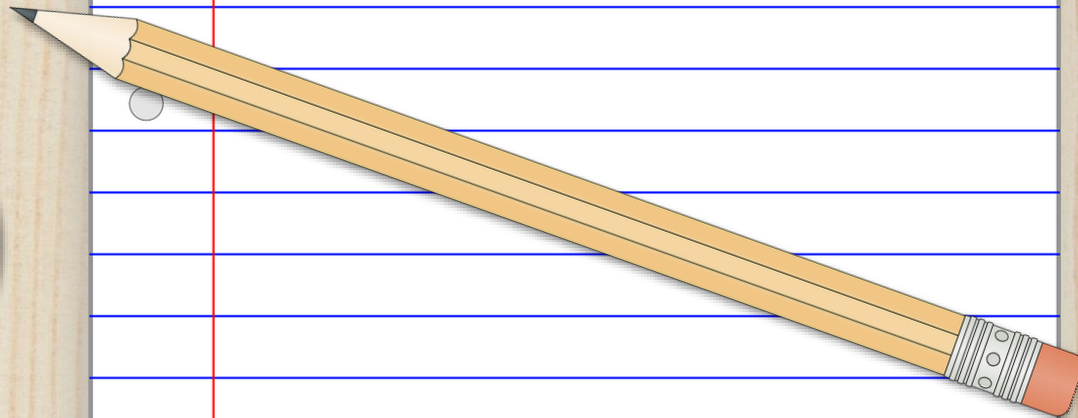
History months share stories of people I do not know enough about.



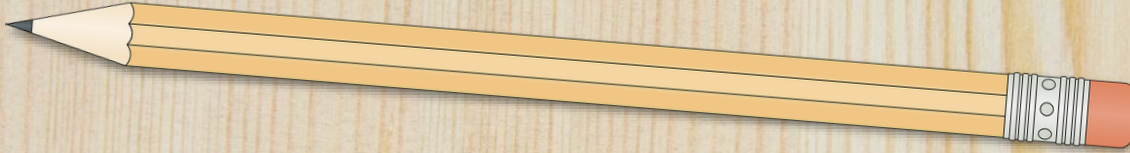
# 5 Where do you stand?



There isn't enough time to learn about these important topics alongside our schoolwork.



# 5 Where do you stand?



**Challenge (2 mins)**  
Which awareness days and history months would you like us to do VoteTopics on?





# Now's your chance to vote on: "Do you learn during history months?"

**Yes**

**History months make us look for stories about different groups of people.**

**I learn a lot about different people during history months.**

**Some history months highlight communities I do not know enough about.**

**We should look for stories about different groups of people all the time.**

**I feel I learn about different people's stories all year round!**

**There isn't enough time to learn about these important topics alongside our schoolwork.**

**No**

**We will be sharing your thoughts on this topic with LGBT+ History Month, Just Like Us, The Proud Trust, Stonewall and Galop.**

**Log in to your VotesforSchools account to submit your vote and leave a comment.**

A sneak preview...

# THE ONLINE WORLD

*Primary Student Webinar  
2-3 pm Friday 9th February 2024*



*Next week, you will be discussing Safer Internet Day. After this, we are looking for engaged, passionate young people to share their views on how young people navigate the online world and what adults should be doing to make that easier. Sign up for our Student Webinar [here!](#)*