

# Primary 7-11 Lesson



**Be informed.**

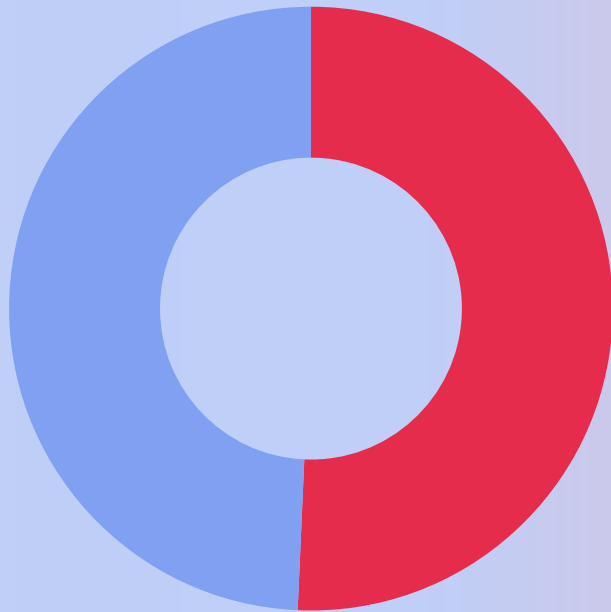


**Be curious.**



**Be heard.**

# Your latest results: “Do you learn during history months?”



Yes

49.3%

No

50.7%

**“We learn about different people’s religion and skin colour during history months. I still think that we should learn more about the LGBT+ community.”**

Northwood College for Girls

**“We learned about some of the history months, but there were history months that we had never heard of.”**

Mildmay Primary School

**“Sometimes school is just too full of lessons to fit extra stuff in.”**

Pheasant Bank Academy

**“No because one month isn’t enough to learn about all of the history for a particular group. There are so many important history months that I didn’t even know about!”**

Greenfield Primary School

50,591 young people voted this week! Were you one of them?

# Your latest results: “Do you learn during history months?”

Having awareness days can be really useful for creating awareness and bringing much-needed positive LGBT+ representation. That's why our charity, Just Like Us, runs School Diversity Week every June.

However, LGBT+ people exist all year round – not just during Pride season. So, it's important that LGBT+ young people can see themselves represented and we're all learning to be better allies all year round.



 **VOTESFORSCHOOLS**

**Laura Mackay, CEO of Just Like Us,  
the LGBT+ young people's charity**

# Your latest results: “Do you learn during history months?”

At The Proud Trust, we celebrate LGBT+ History Month every year, which includes [helping] teachers deliver fun and informative lessons about LGBT+ history. We also showcase LGBT+ stories, celebrities and historical figures all year round, because the young people we work with have told us that LGBT+ History Month lessons are vital to showing that LGBT+ people are part of everyday life, and have been throughout history. It gives us the opportunity to tell their stories and show LGBT+ young people of today that they are valued and important members of our society.

Thank you so much for adding your voice to this important debate. Your comments were so insightful, and we will be keeping them in mind for our future work.



 **VOTESFORSCHOOLS**

**Lisa Harvey-Nebil,**  
CEO of The Proud Trust

# Your views on “Do you learn during history months?” were also heard by:



LGBT+ History  
Month

Just Like Us

The Proud Trust

Stonewall

Galop



**Be informed.**



**Be curious.**



**Be heard.**

Want to share your views with us? Share your votes and comments by logging into your VotesforSchools account. You can also get in touch at [primary@votesforschools.com](mailto:primary@votesforschools.com)

Today's VoteTopic:

# Will you be the first smokefree generation?

UNCRC Article 33:  
Protection from  
harmful drugs

UN SDG 3:  
Good health &  
wellbeing

VfS Key Theme 1:  
Health &  
wellbeing

# 1 Starter: Building a glossary



**Pair activity (2-3 mins)**  
Match each word to the correct definition.

Drug



Allowed by law.

Legal



Not allowed by law.

Illegal



An official rule that people must not do or use something.

Ban



A substance that changes the way the body or mind works.

# 1 Starter: Building a glossary



Some drugs are **legal** and some are **illegal**. **Cigarettes are currently legal** for anyone **aged 18 and over** to use. They contain **a drug called nicotine**.

Drug



A substance that changes the way the body or mind works.

Legal



Allowed by law.

Illegal



Not allowed by law.

Ban



An official rule that people must not do or use something.





**The Government** has said it wants anyone **born after 1<sup>st</sup> January 2009** to be **banned from buying cigarettes.**

This would mean **young people growing up today** will **never be able to buy or smoke cigarettes.**

### **Did you know?**

New Zealand tried to introduce a similar ban, but decided not to go ahead with the plans.



## 2 Why are we talking about this?



The **number of people who smoke has been decreasing** for the last **50 years**. However, there are **still more than six million smokers across the UK**.

People who **agree with the ban** think it will **help England to be smokefree by 2030**, and will **protect people's health**.

People who **disagree with the ban** think it **won't stop people from smoking cigarettes**.

## 2 Why are we talking about this?



### **Generation:**

All the people in society or a family who are around the same age.



So, **will you be the first smokefree generation?** Let's explore this idea today.

### 3 Finding out the facts



To understand why **the Government** wants to ban young people from smoking, we need to **be informed** about it.

#### **Whole class activity (6-8 mins)**

Over the next few slides, you will learn some **facts about cigarettes and smoking**. For each fact, **fill in the blank** and **point to the answer you think is correct**.





Smoking is \_\_\_\_\_ the smoke from the  
burning tobacco.

**Tobacco:**

Dried leaves that are inside cigarettes.

breathing  
in

breathing  
out



When tobacco is burned, it releases \_\_\_\_\_  
substances like tar and carbon monoxide.

harmless

harmful



It is \_\_\_\_\_ to stop smoking because it contains an addictive chemical called nicotine.

**Addictive:**

Something that is difficult to stop taking once you've started.

easy

difficult





It is \_\_\_\_\_ to smoke in workplaces, public buildings and on public transport.

#### Did you know?

This ban is in place to reduce passive smoking. This is when someone accidentally breathes in other people's smoke.

legal

illegal





Some adults **choose to smoke cigarettes**, whereas **others choose not to**.

Though **it's legal for people aged 18 and over to smoke**, it does come with **risks and dangers**.

### Whole class activity (5-8 mins)

Over the next few slides, you will learn about some of the **risks of smoking**. Decide if these risks would make people think twice about smoking. If **it would**, **put your thumb up**. If **it wouldn't**, **put your thumb down**.



Smoking can be addictive, which makes it hard to stop.

Being **Would this make people think twice about smoking?** cause



Smoking can harm people's  
lungs.

Would this make people  
think twice about smoking?





Smoking can make people's  
asthma worse.

Asthma can  
soon become a  
serious health  
problem. Would this make people think twice about smoking? Can you think of any other health problems that can be caused by smoking?



**Smoking can cause serious illnesses in parts of the body.**

**Would this make people think twice about smoking?**

## 5 Smoke and mirrors



In recent years, **e-cigarettes (vapes)** have become a **very popular way to stop smoking cigarettes.**



However, vaping is **not recommended for anyone who is a non-smoker, especially children and young people under 18.**



## 5 Smoke and mirrors



The number of **young people vaping is increasing**, so the Government has **made plans** to tackle this by **banning vapes that people can only use once**.



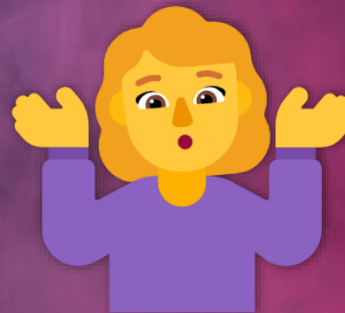
They also plan to change how **vapes are displayed in shops**.



## Individual activity (6-8 mins)

You are going to read some **facts about vaping**. On each slide, read the information and decide whether you **did know** (**hands above your head**), **knew a little bit** (**shrug your shoulders**) or **didn't know** (**cross your arms**) this about vaping.

I did know this!



I didn't know this!

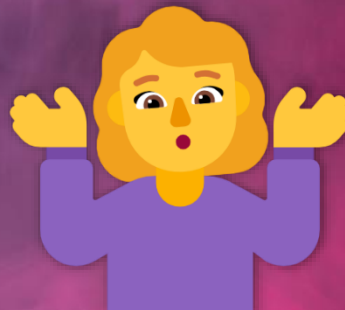




# People inhale nicotine through vapour instead of smoke.

**Vapour:**  
Extremely small drops of liquid made by liquid being heated.

I did know this!

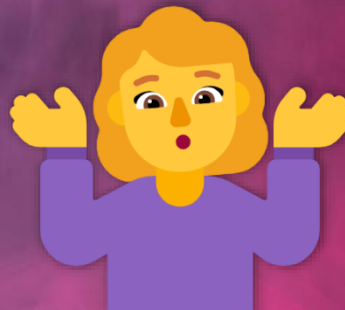


I didn't know this!



**Vaping is considered safer than smoking cigarettes, but it is not risk free.**

I did know this!

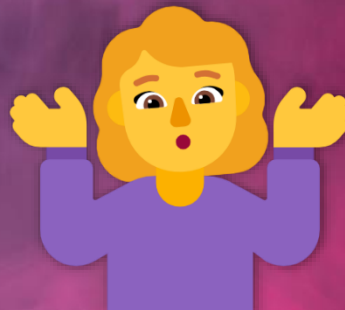


I didn't know this!



**The vapour contains some potentially harmful chemicals found in cigarette smoke, but at a much lower level.**

I did know this!



I didn't know this!



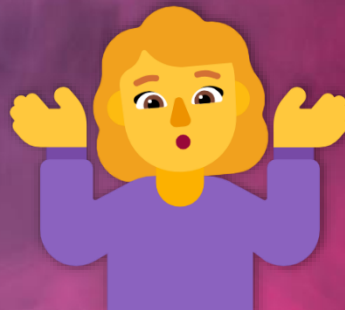


**The number of young people vaping has tripled in the last three years.**

**Remember...**

It is illegal for anyone under 18 to buy or use vapes.

I did know this!



I didn't know this!



## 6 Through the smoke



### Individual activity (5-7 mins)

Read the following **predictions**. If you think the prediction is **going to happen, nod your head**. If you think it is **not going to happen, shake your head**.



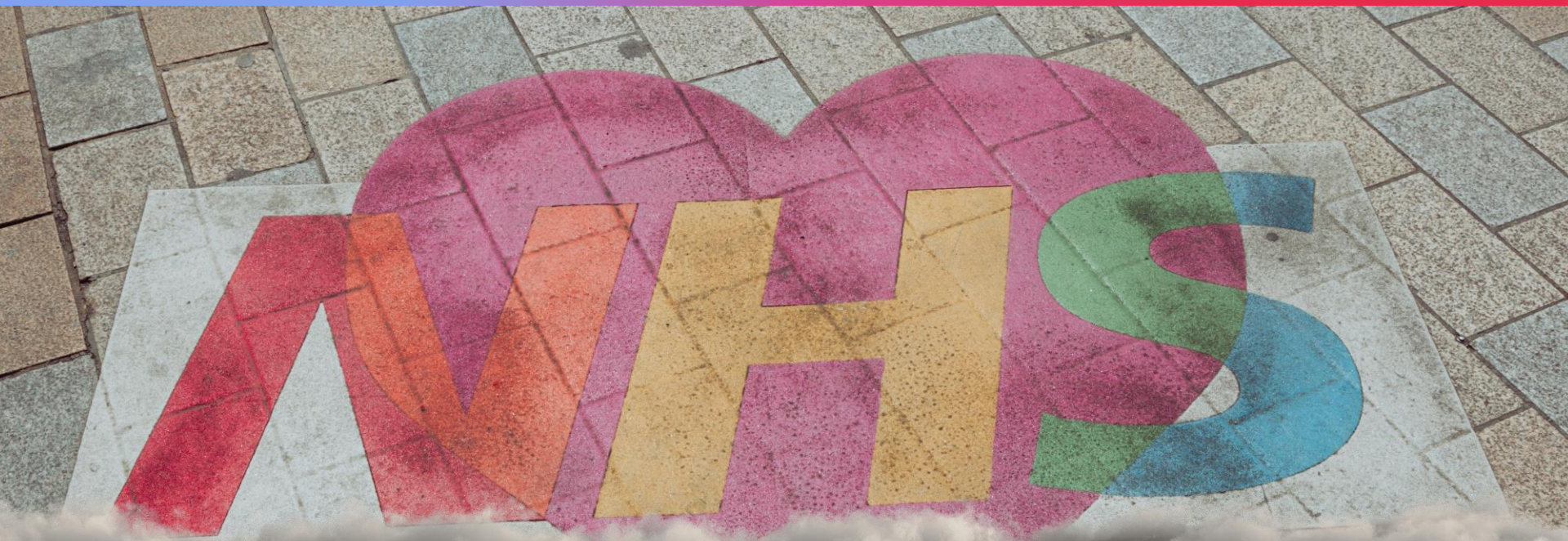
**Vaping will be banned in all public spaces.**





**Smokers won't be able to buy cigarettes in the UK.**





**The NHS will campaign against vaping.**



A photograph of a 'NO SMOKING' sign. The sign is a dark blue horizontal rectangle with the words 'NO SMOKING' in white, bold, sans-serif capital letters. It is attached to an orange lifebuoy. The scene is filled with thick, white smoke or steam, obscuring the background. In the background, a person's legs and feet are visible, suggesting a public space like a train or bus. The lighting is dim, with some bright spots from overhead lights.

NO SMOKING

**A safer way to stop smoking  
cigarettes will be found.**



**Challenge (2 mins)**

Do you think a generation is smokefree if people are still vaping?

**The UK will be  
smokefree by 2030.**

# Now's your chance to vote on: "Will you be the first smokefree generation?"

**Yes**

**Yes! I think a ban on smoking will make us the first smokefree generation.**

**We've got all the facts and we know it harms us. We will make this change.**

**More people are choosing to stop smoking and this ban will only help with this.**

**No. I don't think a ban will stop people from smoking if they want to.**

**People know smoking causes illnesses, yet people still choose to do it.**

**I don't think a generation is smokefree if lots of people are still using vapes.**

**No**

**We will be sharing your thoughts on this topic with NHS England, London Tobacco Alliance, ASH Scotland, UK Health Security Agency and Dan 24/7.**  
Log in to your VotesforSchools account to submit your vote and leave a comment.