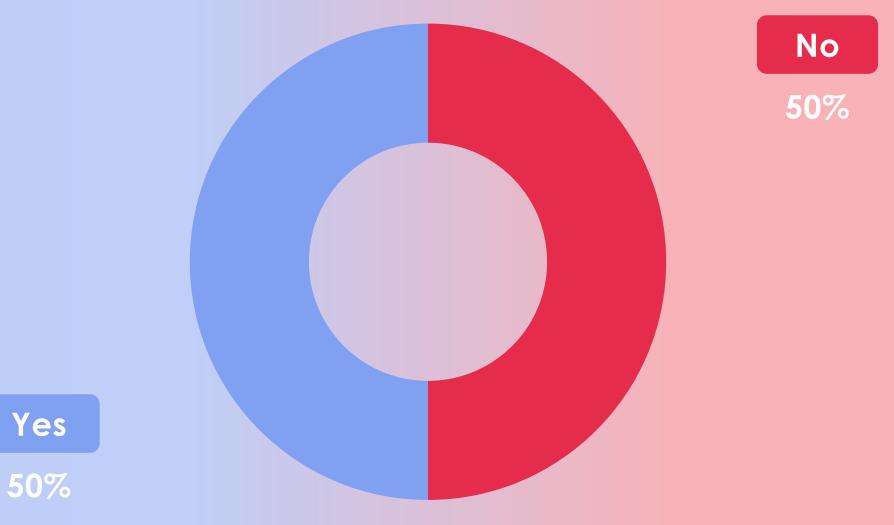
# Primary 5-7 Lesson



## Your latest results: "Is it easy to talk about your feelings?"



52,646 children & young people voted this week! Were you one of them?

Your views on "Is it easy to talk about your feelings?" were also heard by:



Want to share your views with us? Share your votes and comments by logging into your VotesforSchools account. You can also get in touch at primary@votesforschools.com

Today's VoteTopic:

## Do history months help us to understand other people?

UNCRC Article 4: Making rights real

UN SDG 5: Gender equality VfS Key Theme 2: Equalities & identity

#### 1 Starter: A time for all things





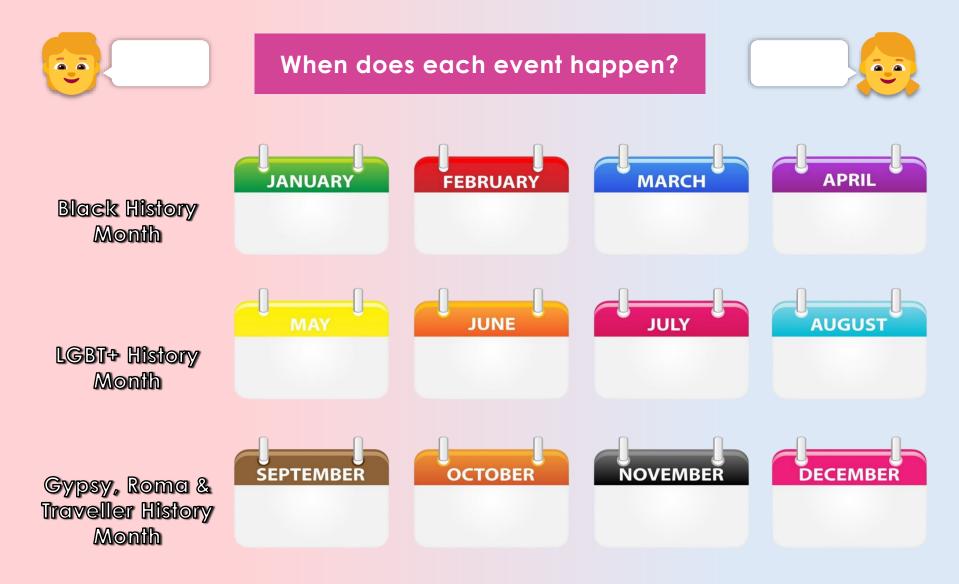
Pair activity (2-3 mins) Let's see what you remember from last year! Talk to your partner and decide when each event on the next slide happens every year.





### 1 Starter: A time for all things





#### 1 Starter: A time for all things



There are lots of other history months about different groups of people during the rest of the year too.





Across the year, there are lots of **different history months**.

History months:

A month in the year where we think about the **history** of **different** groups of people.



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Curriculum link – English Can you spot a word hidden inside the word "history"?



The word "**story**" is hidden inside the word "**history**". History is where we **learn** about **stories** from the **past**.





## All human beings have a history, so there are lots of stories out there for us to hear!



There are some **stories** from our **history** that have been told **many times**...

...and there are some that we might not have heard yet.





Some people think that **history months** help us to learn about **other people** and **their life stories**.

Other people think we should **try to understand everyone all the time**, not just in history months.

This week, your VoteTopic question is: **"Do history months help us to understand other people?"** 

### **3** Getting to know you!





Pair activity (3-4 mins) Everyone has a history of their own. Choose three questions on the next page to answer and share with your partner so they know about your life story.



#### Getting to know you! 3





Pick three things to tell your partner about your life story.



Do you have any brothers and sisters?

Where were you born?

When did you join this school?

What was your first toy that you remember?

Who was your first good friend?

All children have the right to privacy, so only share if you feel comfortable.



Individual reflection (1 min) Do you understand your partner better now that you have heard some of their life story? Show a thumbs up or a thumbs down to share your answer.



Yes, lots better!

Not really...











This is a painting of Sophia Jex-Blake. Think about the questions below and share your guesses with your partner.

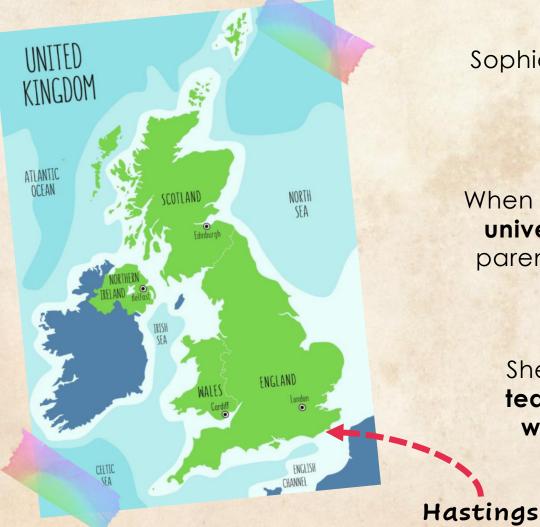
> Is she alive today or is she from the past?

> What do you think her job could have been?

Do you think she was an important person?







Sophia Jex-Blake was born in **Hastings** in **1840**.

When she was 18, she went to university even though her parents did not want her to.

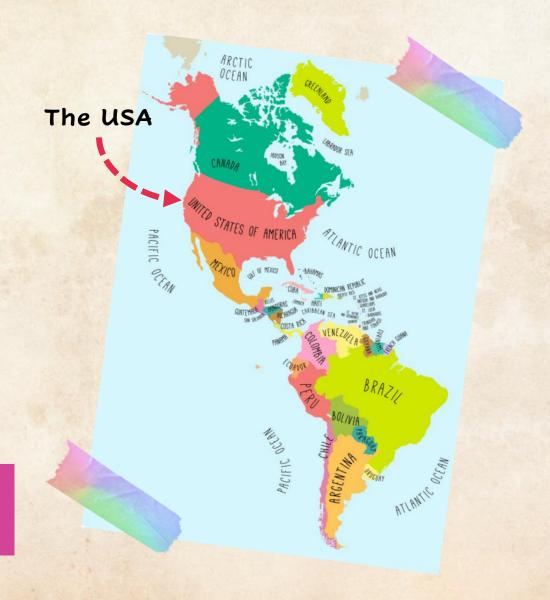
> She worked as a Maths teacher for many years without getting paid!



When she was 25, Sophia took a long boat trip across the ocean to visit the United States of America.

She talked to lots of people about women getting the chance to learn, and she decided that her dream was to become a doctor.

Do you know what your dreams for your life are yet?







Sadly, lots of people at the time did not think that women could be doctors.

Harvard University in the USA said she was not allowed to learn how to be a doctor there.

#### Do you think Sophia was treated fairly?





Sophia travelled back across the ocean to **Edinburgh** in Scotland.

Sophia wanted to learn at the university there, but some people said she should not be allowed.

But Sophia **believed in herself** and wrote to people explaining why **she knew women could be doctors**.



At first, people **did not listen** to Sophia and she was **still not allowed** to learn.

But she never gave up, and finally a law was passed to allow women to learn to become doctors.



How do you think Sophia felt when her **dream** of **learning to become a doctor** came true?



Sophia Sonisa Jex Blake many Edith Secher Delece h are matilde Charlotte Chaple

Sophia Jex-Blake was joined by six other women who wanted to become doctors: Edith Pechey, Isabel Thorne, Emily Bovell, Matilda Chaplin, Helen Evans and Mary Anderson.

Sophia Jex-Blake helped many more women become doctors during the rest of her life. When she died, Dr Margaret Todd wrote a book about her life story.







Share your answer to this question using 1, 2 or 3 fingers.

What is the most important thing that you have learned from the life story of Sophia Jex-Blake?





Believe in yourself

Never give up



Follow your dreams



Share your answer to this question using a thumbs up or a thumbs down.

Do you understand more about Sophia now that you have heard her life story?



Yes, lots more!



Not really...

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Individual activity (3-4 mins) Let's listen to some different ideas to help us decide what you think: **Do history** months help us understand other people? Point to the idea you agree with most.

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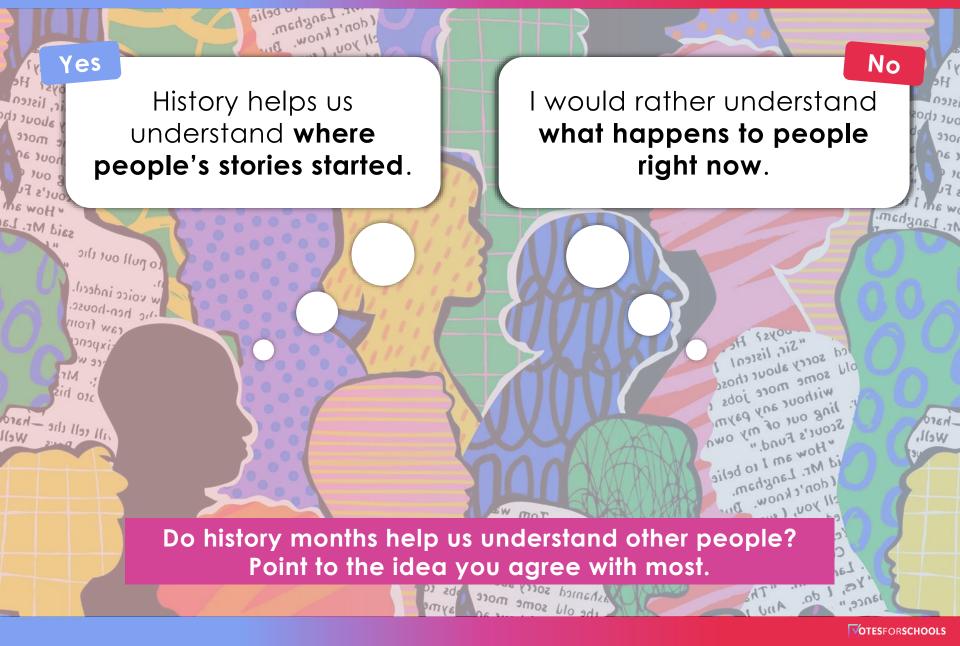


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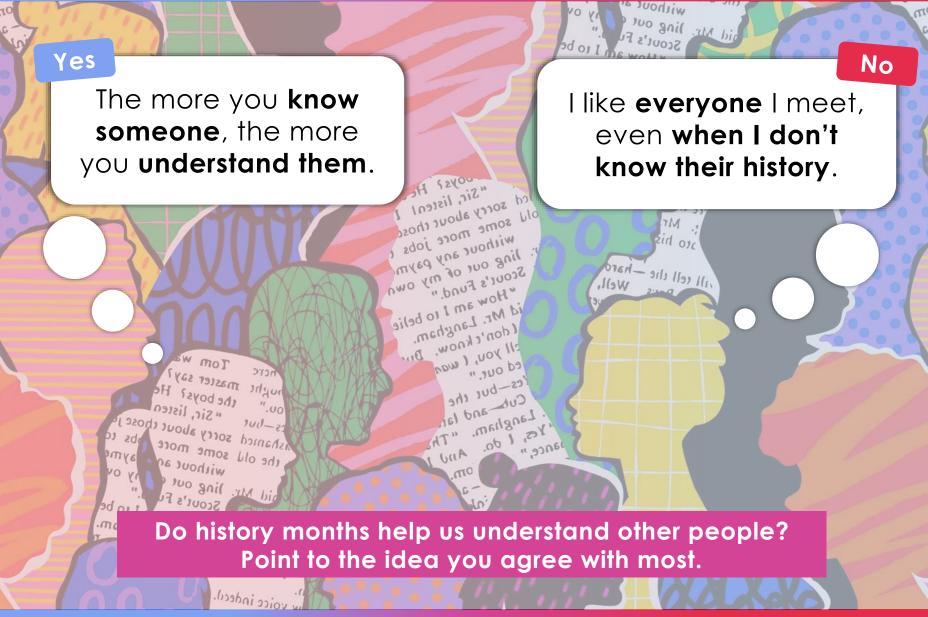
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## Now's your chance to vote on: "Do history months help us to understand other people?"

#### Yes

History months make us look for stories about different groups of people. History helps us understand where people's stories started.

The more you know someone, the more you understand them.

We should look for stories about different groups of people all the time. I would rather understand what happens to people right now. I like everyone I meet, even when I don't know their history.

We will be sharing your thoughts on this topic with LGBT+ History Month, Just Like Us, The Proud Trust, Stonewall and Galop.

Log in to your VotesforSchools account to submit your vote and leave a comment.

No