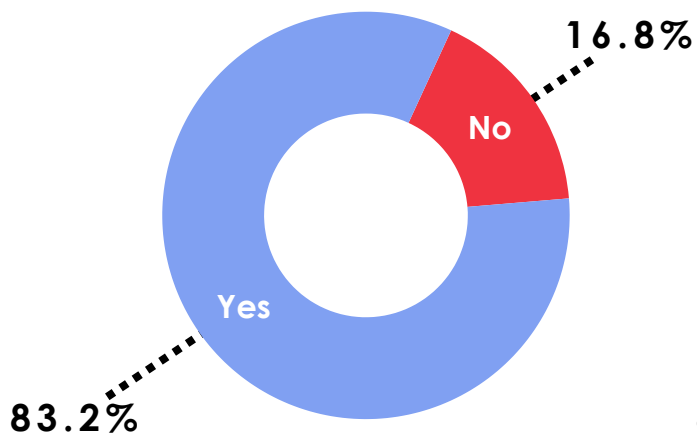
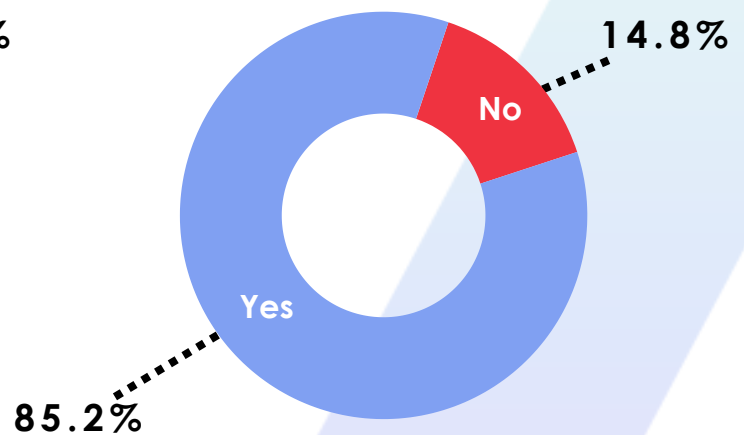


YOUR LATEST RESULTS

5-7: Does playing outdoors make you happier?



7-11: Would playing outside more improve your mental health?



This VoteTopic received 19,611 total votes.

THIS WEEK'S BIG QUESTIONS

5-7: Do you have too much screen time?

7-11: Would you prefer to use an under-16s phone?

- How could you reduce your screen time?
- What are the risks for young people using phones?
- What do you think will help young people to use phones safely?

WHAT OTHERS ARE SAYING

- *"We are starting to understand the harms of social media and the unrestricted gateway smartphones provide to harmful online content." - Jason Elsom, CEO of Parentkind.*
- *"I really would question whether it was sensible giving a child an internet-connected phone before the age of sixteen." - Dame Rachel de Souza, Children's Commissioner for England.*

A CLOSER LOOK: WHAT'S IN YOUR PHONE?



Smartphones are everywhere. Yet, most of us don't know that they actually contain some rare and precious metals and minerals from all over the globe.

One valuable material in there is copper, which is used to make wiring in lots of different electronic devices. Lithium is used in phone batteries, and tungsten is used as a weight in a phone's vibrating tool. There are many more besides these, like cobalt, manganese, gold and tellurium.

The problem is that many of these materials are starting to run out. Some of these minerals are important in green technologies (for example, tellurium is used in solar panels). So, if you need a new phone, don't throw the old one in the bin: take those precious metals to get recycled!

YOUR GUIDED READING QUESTIONS

- Find and copy a word that means "planet" in the first paragraph.
- What is copper used for in phones?
- Which material is used in a phone's vibrating tool?
- What is happening to these materials?
- What should you do if you get a new phone?

THIS WEEK'S OTHER NEWS STORIES

Tobacco & Vapes Bill passed

MPs have voted in favour of plans to ban anyone born after 2009 from buying cigarettes. The Tobacco & Vapes Bill passed by 383 votes to 67. Two former Prime Ministers (Boris Johnson and Liz Truss) voted against it.



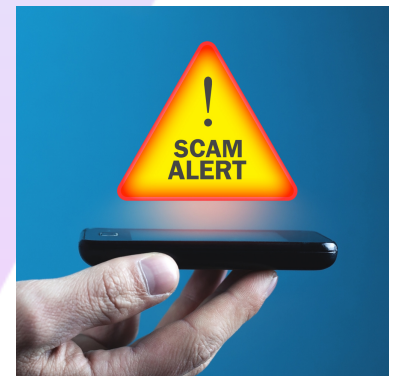
Record downpours in Dubai

Heavy rain in Dubai has caused flash floods, causing chaos at the world's second-busiest airport. In Khatm al-Shakla, over 25 centimetres of rain fell in less than 24 hours - more than the usual average rainfall for a whole year.



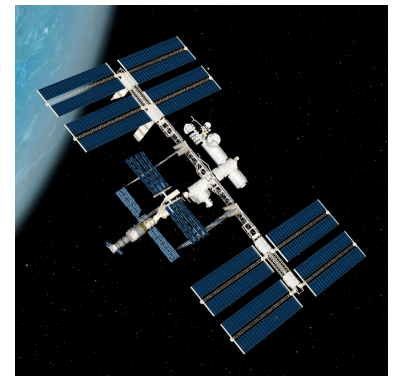
Ticket scams soaring

Online fraudsters are claiming to have tickets to sold-out major concerts to resell, often charging several hundreds of pounds. Lloyds Bank says over 600 UK customers have come forward to report ticket sale scams since last July.



Space station smashes into house

When a mysterious metal object fell from the sky, it crashed through the roof of Alejandro Otero's home in Florida. NASA has confirmed that it was a small storage unit for old batteries from the International Space Station.



For more news stories, check out CBBC Newsround, First News, The Week Junior and Simple Politics.