

MORE INFORMATION & SUPPORT

The Childhood Bereavement Network have created some surveys for children in the UK, though they require parental consent for children to complete them. Check out their website to find out more or use the link below.

[Children's survey \(5-12 years\)](#)

Children's Grief Awareness Week is also run by the Childhood Bereavement Network (part of the National Children's Bureau). Resources for the week include a free interactive Sharing Shapes activity pack for home or school.

[Search for: CBN Sharing Shapes resource page](#)

Grief Encounter have a range of resources on loss and bereavement available via their website. This includes chat, email and call support lines and information for parents, carers and teachers.

[Search for: Grief Encounter](#)

Child Bereavement UK provides support and guidance for children, young people, and families who are experiencing bereavement.

[Search for: Child Bereavement UK](#)

Cruse Bereavement Support has a helpline (0808 808 1677) and resources for anyone who is grieving. This includes personalised support.

[Search for: Cruse Bereavement Support](#)

Please Note: If you have any concerns, please speak to your school's Designated Safeguarding Lead.

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Sibling Support is designed for those whose brother or sister has died. They offer a range of resources, stories, and advice for staying well via their website.

Search for: [Sibling Support](#)

Winston's Wish works with young people up to age 25 who are grieving. They have a helpline (08088 020 021) and resources for children, parents, carers, and schools.

Search for: [Winston's Wish](#)

Widowed and Young is a UK charity that offers a peer-to-peer support network for anyone who's lost a partner before their 51st birthday – married or not, with or without children, inclusive of sexual orientation, gender, race and religion.

Search for: [Widowed and Young](#)

Discussing loss and death is especially challenging at the moment in light of world events. The Childhood Bereavement Network has advice on discussing crisis and conflict on their website.

Search for: [Crisis and conflict CBN](#)

The UK Trauma Council has created resources, including a short, animated film entitled Childhood trauma, war and conflict to support young people (aged 12-21) affected by long-term trauma after war and conflict. The film uses storytelling to help inform young people about common physical and emotional responses to trauma and is accompanied by a short, written resource.

Search for: [UK Trauma Council](#)

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VotesforSchools also recommends the following books for children to help them talk about loss and death:

- The Invisible String – Patrice Karst, Geoff Stevenson
- Ida, Always – Caron Levis
- The Sad Book – Michael Rosen
- Grandad's Island – Benji Davies
- The Goodbye Book – Todd Parr
- The Gritterman – Orlando Weeks
- Travels with my Granny – Juliet Rix

Search for: [VotesforSchools So the Story Goes blog](#)

Do you know any cohabiting parents whose partner died after 2001? They could be eligible for backdated financial support.

Following a long campaign, the Government has extended eligibility to bereavement benefits to parents whose cohabiting partner dies, leaving them bringing up dependent children. This change has been backdated to 30th August 2018, which means that some families bereaved as far back as 2001 can claim for retrospective payments.

The window to claim these backpayments closes on 8th February 2024, and more than half of those eligible to claim have not yet done so. There are more than 21,000 families who could benefit from this change - please make sure to spread the word if you can.

Search for: [Child Bereavement Network cohabiting](#)

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