

Primary 7-11 Lesson



Be informed.

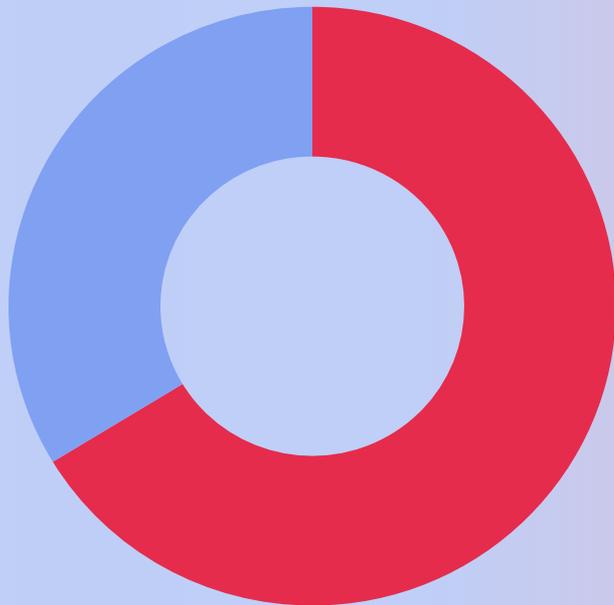


Be curious.



Be heard.

Your latest results: “Is it easy to remember the news?”



Yes

33.7%

No

66.3%

“I think it is easy to remember the news, because people read the newspapers every day and they also watch BBC news.”

Homerswood Primary and Nursery School

“It’s quite easy to remember the news if there are clues or pictures to remind us.”

Montem Academy

“I think it is difficult to remember the headlines because after a few days you forget because it becomes old news.”

Walsall Wood Primary School

“I think no, as it is called ‘Daily News’ for a reason.”

South Wilford Endowed CofE Primary School

8,388 young people voted this week! Were you one of them?

Your views on “Is it easy to remember the news?” were also heard by:



The Week
Junior



First News



BBC News



Simple Politics



Sky News



Be informed.



Be curious.



Be heard.

Want to share your views with us? Share your votes and comments by logging into your VotesforSchools account. You can also get in touch at primary@votesforschools.com

1 Throwback...



Pair activity (2-3 mins)
Which sports did you enjoy in the summer? List the **events** that you **watched**, **listened** to or **joined** in with.



Today's VoteTopic:

Are you resilient when things don't go to plan?

UNCRC Article 29:
Aims of education

UN SDG 3:
Good health &
wellbeing

VfS Key Theme 1:
Health & wellbeing

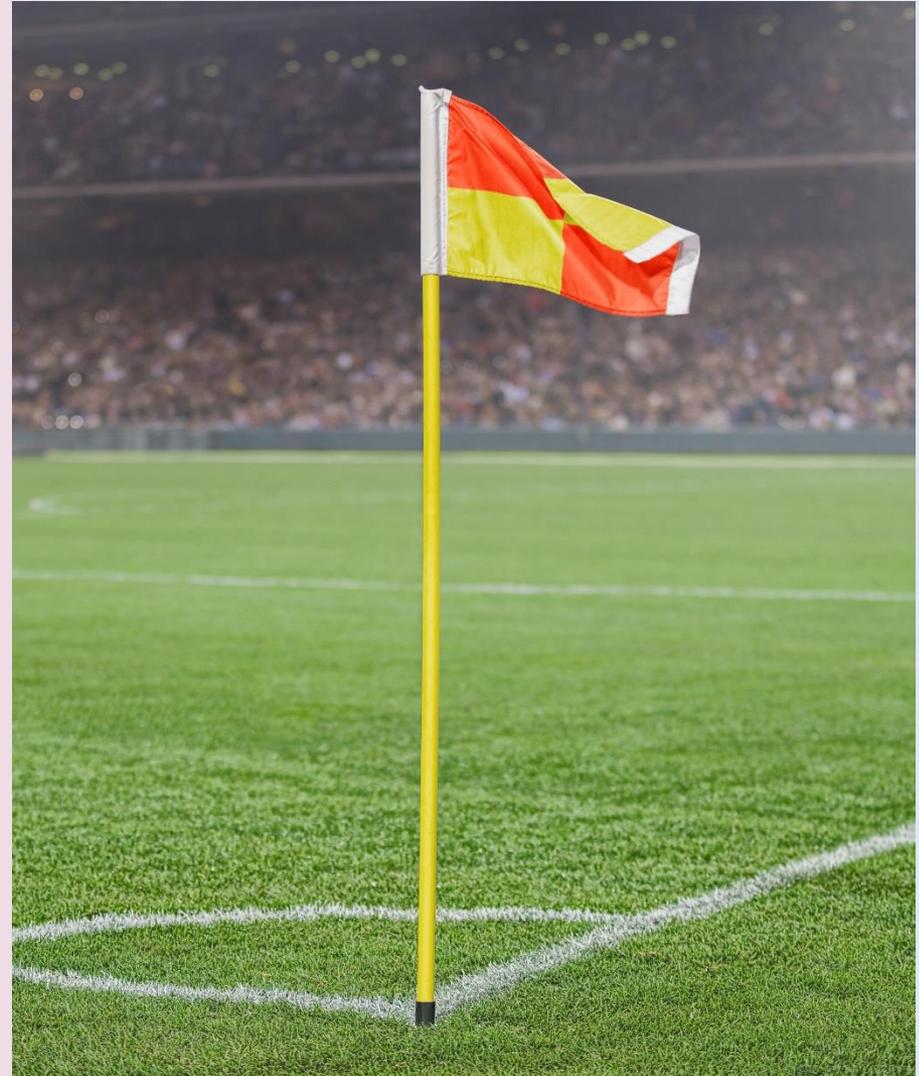
2 Why are we talking about this?



This summer, England's women's football team (**the Lionesses**) made it through to the final of **the FIFA Women's World Cup**.

In the final, **the Lionesses lost 1-0** to Spain.

Though some players talked about the **disappointment** they felt, they also discussed how **proud** they felt to have made it to the **final of the competition**.



2 Why are we talking about this?



Just like the Lionesses, sometimes things **don't go to plan**. We might **lose a football match** or find **learning something new tricky**.

In these times, it's normal to feel **lots of different emotions**. However, these times can also help us **build resilience**.

Resilience:

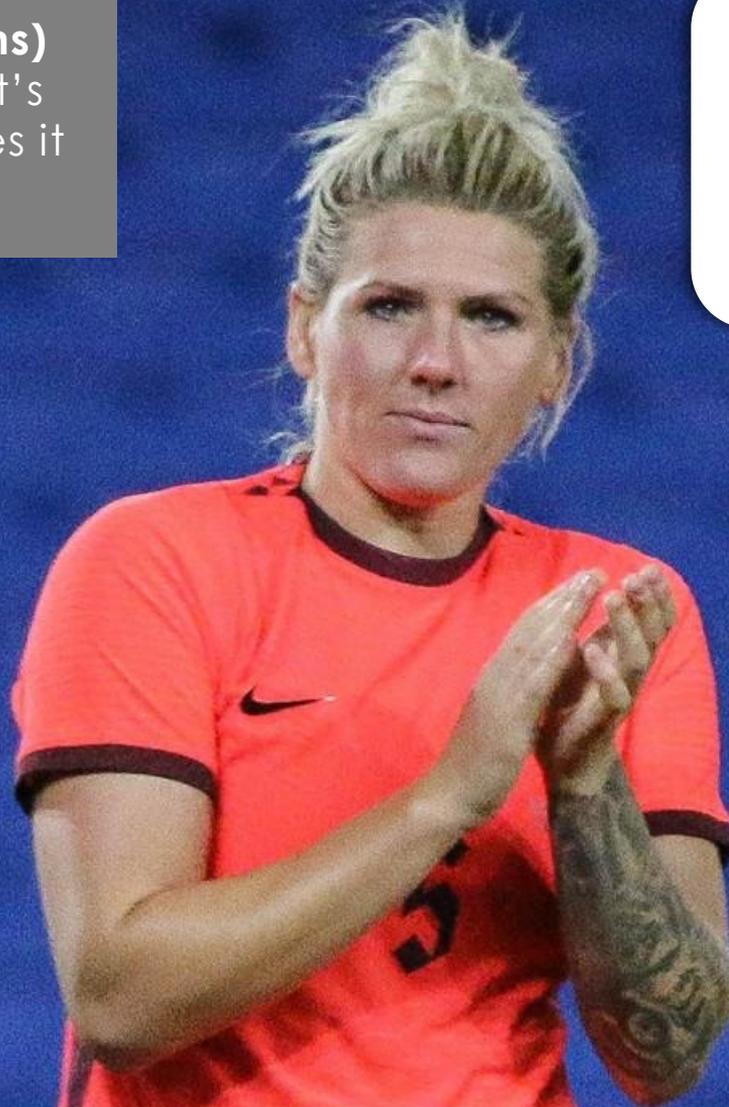
The ability to bounce back after challenges and tough times.

2 Why are we talking about this?



Challenge (2-3 mins)
Look at Millie Bright's comment. How does it show resilience?

We can say hand on heart we gave everything... This is not it for us, we'll bounce back.

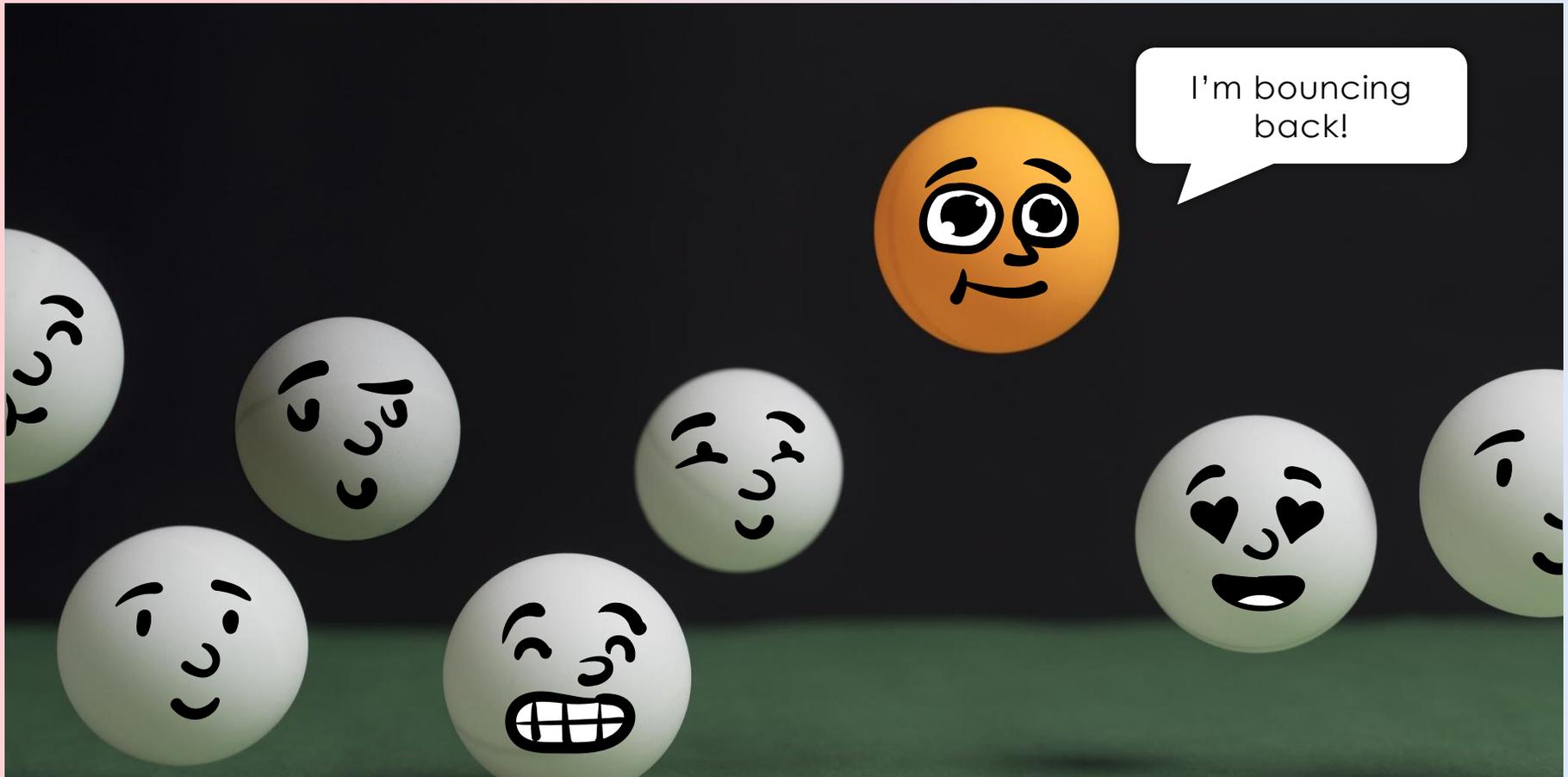


Millie Bright,
Captain of England's
women's football team

2 Why are we talking about this?



But do you know how to show **resilience** when things **don't go to plan**? Let's find out today.



3 If at first you don't succeed...



Mary Earps, who is the **goalkeeper** for **England**, has had to show **resilience** throughout her **footballing career**.

In **2019**, she was **dropped from the England team** and she didn't know if she would **carry on playing football**.

However, just a few years later, Mary has **helped** the England women's football team **win the Euros** and **make it to the World Cup final**.



3 If at first you don't succeed...



Individual activity (5-10 mins)

Over the next few slides, you are going to read more about Mary's footballing journey. While you're reading about the different stages of Mary's World Cup experience, you are going to **draw an invisible line with your finger**. If you think it is a **high** on her journey, draw an **upward line**. If you think it is a **low**, draw a **downward line**. If you think it is **neither**, draw a **straight horizontal line**.



3 If at first you don't succeed...



Mary Earps is the Lionesses' number one. This means that she is the best goalkeeper in the team.

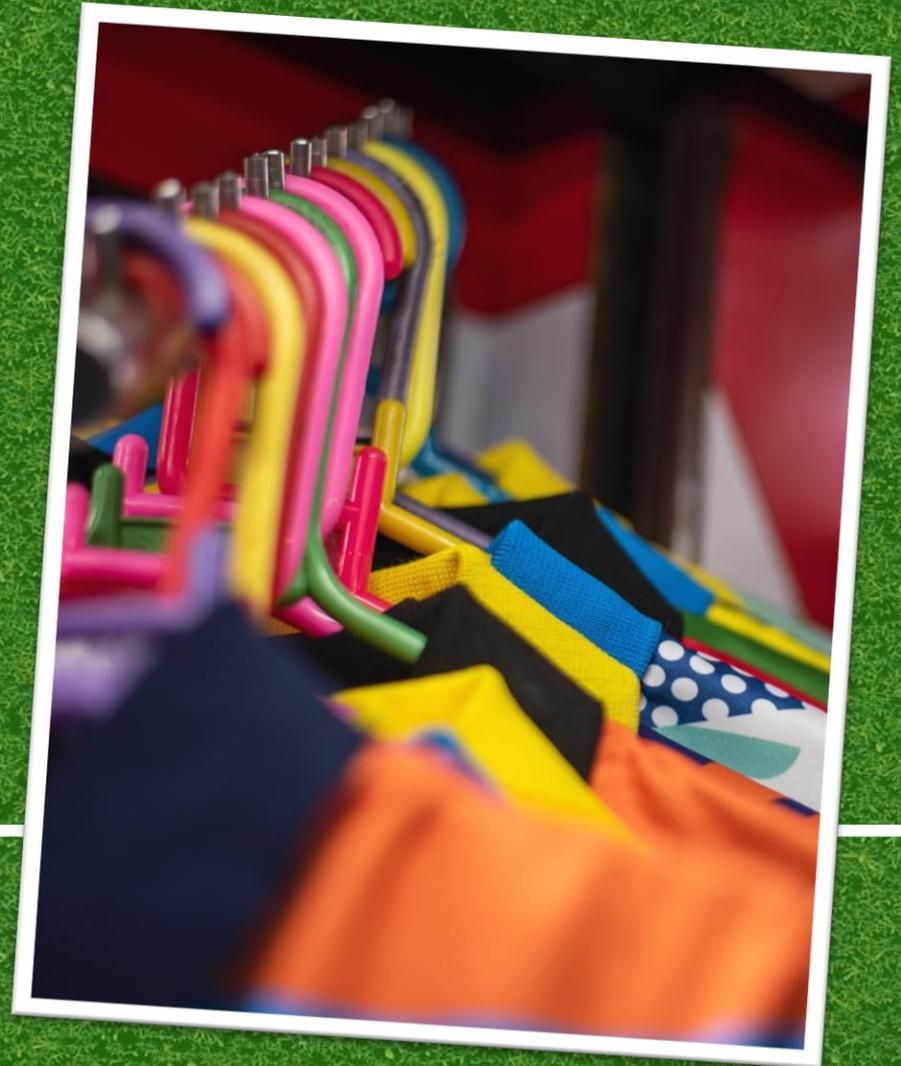
3 If at first you don't succeed...



Nike decided not to make Mary Earps' shirt available for fans to buy, even though the home and away kits were available.

Did you know?

Nike changed their mind and decided to sell Mary Earps' shirt after the tournament had ended.



3 If at first you don't succeed...



Mary Earps stopped the other team from scoring any goals during matches against Haiti, Denmark and Nigeria.

3 If at first you don't succeed...



Mary Earps played every minute of every match before the World Cup final.



3 If at first you don't succeed...



Mary Earps and the rest of team made it through to the Lionesses' first ever World Cup final.

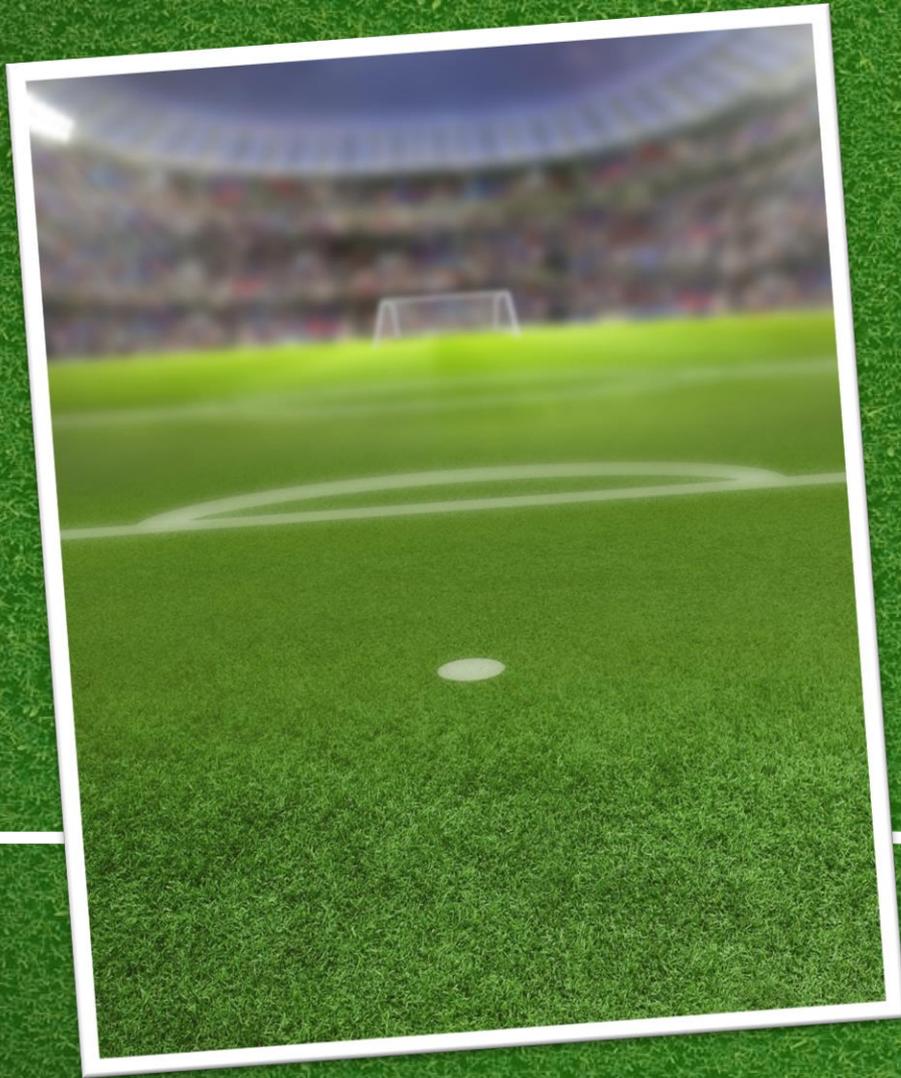
3 If at first you don't succeed...



*In the World Cup final,
Spain managed to score a
goal against England.*



3 If at first you don't succeed...



When the score was 1-0 to Spain, Mary Earps saved a penalty to keep the Lionesses in the game.

3 If at first you don't succeed...



Mary Earps and the rest of the Lionesses lost 1-0 to Spain in the World Cup final.



3 If at first you don't succeed...



Mary Earps won the Golden Glove for the tournament. This is an award that is given to the best goalkeeper in the World Cup.

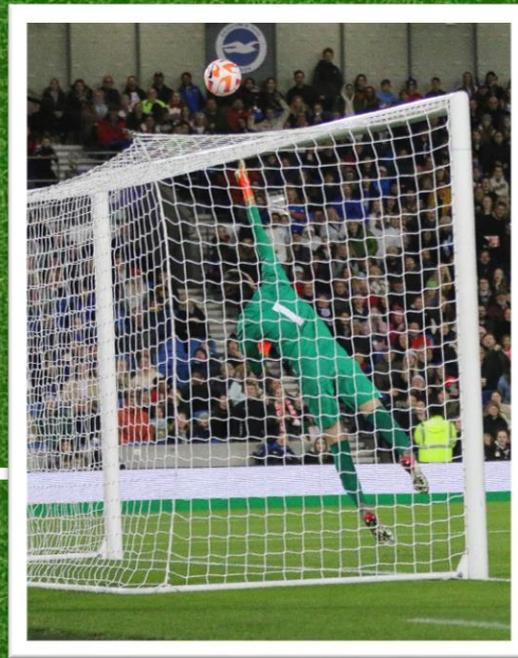
Did you know?
Mary Earps plays for Manchester United FC.

3 If at first you don't succeed...



Challenge (2-3 mins)

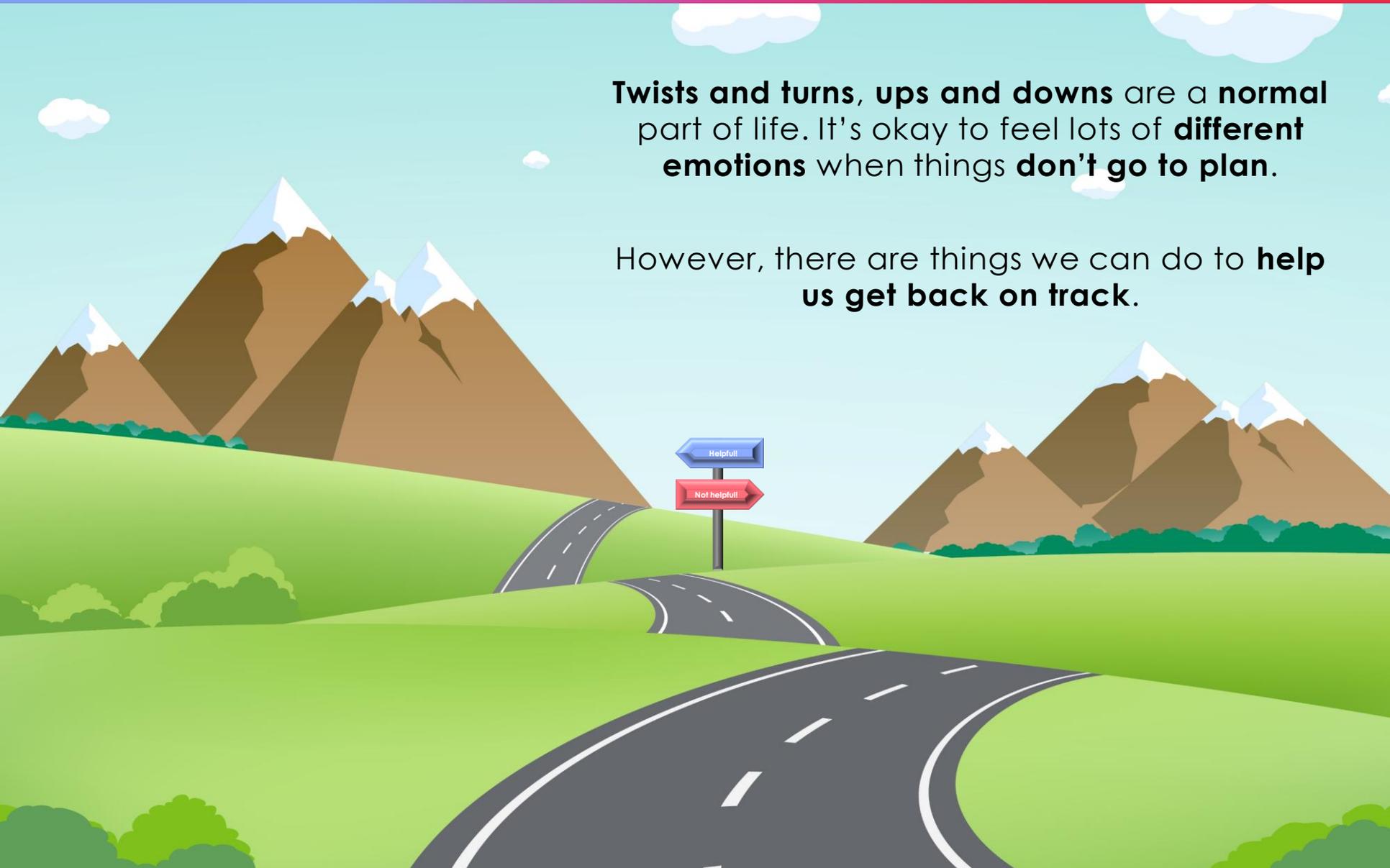
Think about the line you have just drawn with your finger. How would you describe it? Was it a straight line or did it have ups and downs?





Twists and turns, ups and downs are a normal part of life. It's okay to feel lots of **different emotions** when things **don't go to plan**.

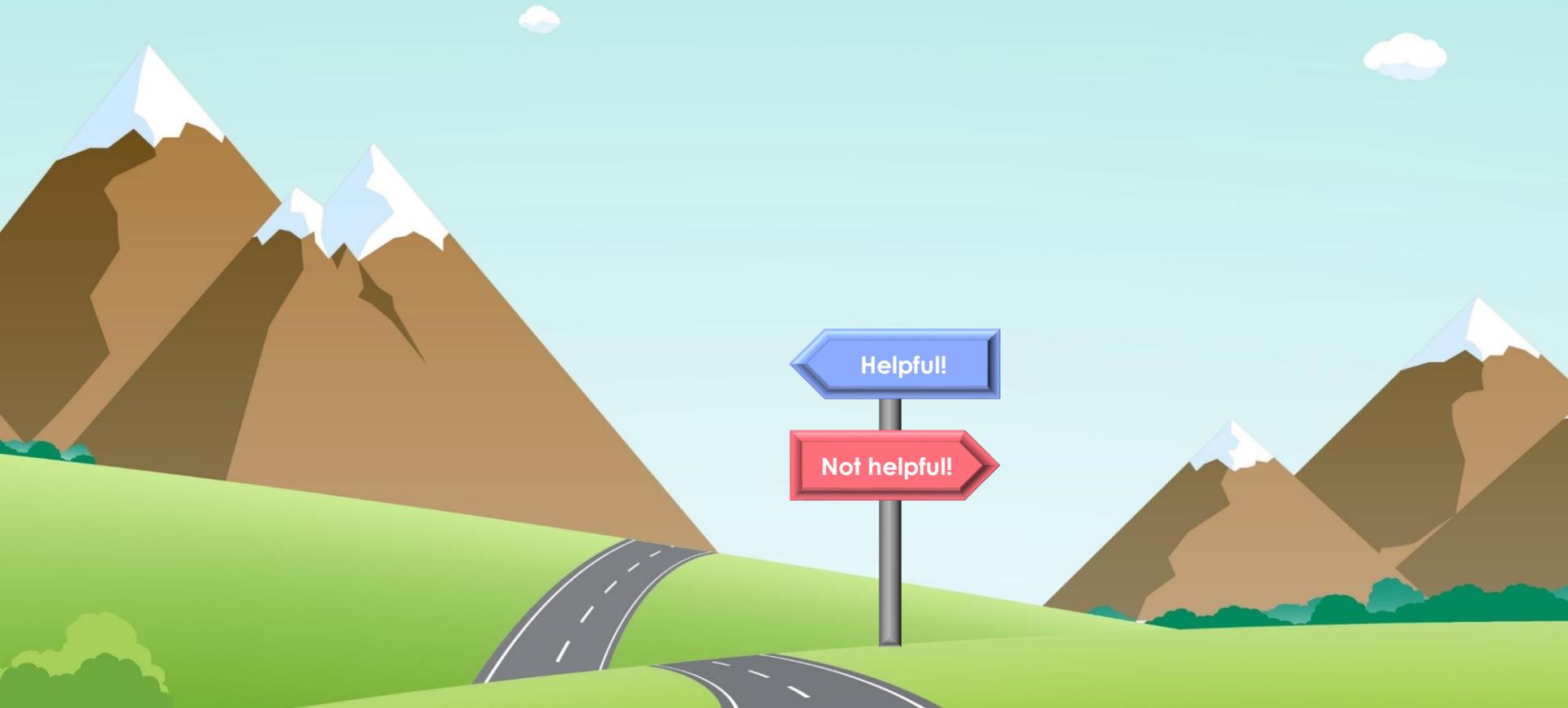
However, there are things we can do to **help us get back on track**.





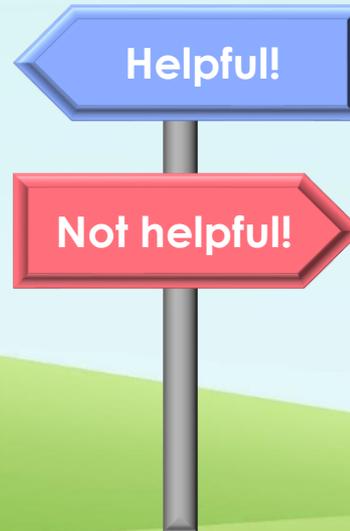
Whole class activity (5-10 mins)

Over the next few slides, you will see some different ways to build your **resilience**. If you would **find this helpful**, walk to the **left**. If you would **not find this helpful**, walk to the **right**.



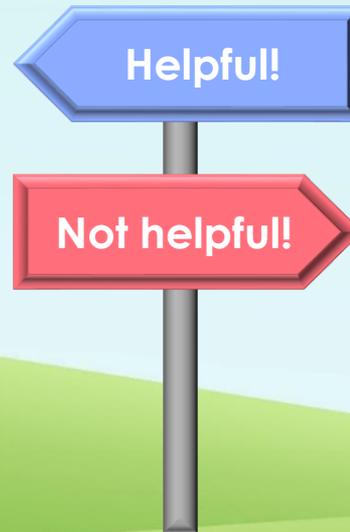


Talk it through with
someone.



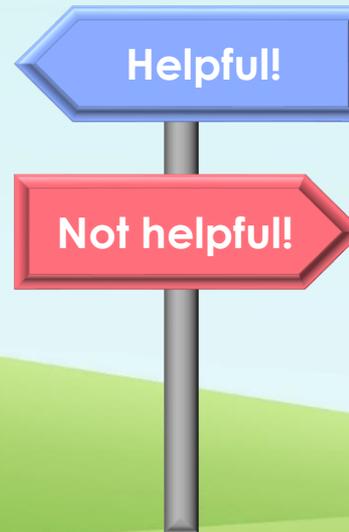


Take time out to do something you enjoy.





Remember the skills
you have.





Practise being flexible
when plans change.

Helpful!

Not helpful!

Flexible:
Able to
change to suit
new situations.



Speak positively to yourself.

Helpful!

Not helpful!

Challenge:
What things
could you say
to yourself?

5 Bouncing back...



Pair activity (5-10 mins)

Let's read about some times when things haven't gone to plan. For each one, discuss whether **each person is building their resilience**.

5 Bouncing back...



Ibrahim realised that when his coding project didn't work in computing, it helped him to learn more.

**Curriculum link –
Computing**
What is debugging?

5 Bouncing back...



Lucy lost a tennis match against her friend, so she refused to play another game.

How could Lucy build her resilience?

5 Bouncing back...



Ava put salt into her cake mixture instead of sugar. She knew it was okay to make mistakes.

Did Ava show resilience?

5 Bouncing back...



Jeremiah was going to screw up a picture he was painting in art, but decided to keep going instead.



Did Jeremiah show resilience?

5 Bouncing back...



Kit didn't enjoy doing times tables tests, so he asked his Dad for the day off school. His Dad said, "I'm proud of you for trying your best."

How could Kit build his resilience?

5 Bouncing back...



After months of trying, Anisha and Lewis were picked to perform in the school choir.

Did they show resilience?

Now's your chance to vote on: "Are you resilient when things don't go to plan?"

Yes

I know that resilience is about being able to bounce back after challenging times.

I often take a break and speak positively to myself when things don't go to plan.

Though I feel disappointed and upset when things don't go to plan, I know that I'm building resilience.

I know what resilience is, but I'm still learning how to be resilient in challenging times.

I could take a break and speak positively to myself more often when things don't go to plan.

I find it hard to cope with the disappointment that I feel when things don't go to plan.

No

We will be sharing your thoughts on this topic with the Football Association, How to Fail podcast, Dr Radha (BBC Radio 1), Women in Football and FIFA.

Log in to your VotesforSchools account to submit your vote and leave a comment.