

5-7: IS IT EASY TO TALK ABOUT YOUR FEELINGS?

7-11: WOULD YOU FEEL COMFORTABLE HAVING A CONVERSATION ABOUT YOUR MENTAL HEALTH?

The following SMSC and British Values criteria are supported by this topic:

SMSC: Ofsted (2004/2014-present)

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| 1.10 | Voters show interest and respect for others' faiths, feelings and beliefs | Spiritual: Experiencing wonder & fascination |
| 1.14 | Voters develop an understanding of feelings & emotions and the impact of them | Spiritual: Experiencing wonder & fascination |
| 2.11 | Schools model fairness, integrity, respect for people, voters' welfare, minority groups and resolution of conflict | Moral: Moral codes & models of moral virtue |
| 2.15 | Voters understand the consequences both positive & negative of their actions (cause and effect) | Moral: Understanding consequences of actions |
| 3.2 | Voters are given the chance to adjust their behaviour to a range of social contexts demonstrating sensitivity | Social: Developing qualities & social skills |
| 3.20 | Schools identify key values & principles on which school & community life is based | Social: Understanding how communities function |
| 4.7 | Schools provide opportunities for voters to engage in cultural events and to reflect on their significance | Cultural: Understanding & respecting diversity |
| 4.13 | Voters can identify the cultural influences that have helped shape their own heritage & behaviours | Cultural: Understanding & respecting diversity |

Prevent Strategy: HM Government (2007-present)

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| 5.1 | Schools provide a safe place to discuss and debate topical & controversial issues affecting young people |
| 5.13 | Schools should promote open & respectful dialogue |

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Promoting Fundamental British Values: Department for Education (2014-present)

- 6.11** Schools should consider the role of extra-curricular activity, including any run directly by voters, in promoting fundamental British Values

UN Convention on the Rights of the Child (UNCRC): Unicef

- Article 24** Health, Water, Food, Environment: "Children have the right to the best health care possible, clean water to drink, healthy food and a clean and safe environment to live in. All adults and children should have information about how to stay safe and healthy."

UN Sustainable Development Goals (SDGs): United Nations

- SDG 3** Good Health & Wellbeing: "Ensure healthy lives and promote well-being for all at all ages."

9 Key Themes: VotesforSchools

- HEALTH & WELLBEING** Mental health disorders, stress, work-life balance, sports, exercise, mindfulness, happiness, emotional health, self-esteem, body image, eating disorders, self-harm, abuse, suicide, NHS, obesity, diet, vaccines, antibiotics, HIV/aids, sanitation, periods, medicine, cancer, organ donation, sexual health, smoking, drugs, gambling, addiction, keeping yourself safe, sexualisation, consent, sexual harassment, positive relationships, malnutrition, child marriage, domestic violence, online safety, pornography, exploitation, FGM, sexual health

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