

# SHOULD COOKING GET MORE TIME IN THE CURRICULUM?

### Learning objectives:

1. To consider whether spending more time cooking in school would be helpful.
2. To understand the benefits cooking can have on our minds and bodies.

### Keywords:

1. Cooking
2. Curriculum
3. Healthy diet

### Feedback | Whole class

Voters see the results and feedback from last week's topic.

### Section 1: 2-3 mins | Pair

Voters reflect on the subjects they currently learn in school as well as the subjects they would like to learn more about.

### Section 2: 2-3 mins | Whole class

Voters find out about a recent report which found that children's diets are less healthy now than in the previous decade. Then they are introduced to this week's VoteTopic question.

### Section 3: 5-10 mins | Whole class

Voters hear some statements about cooking. They shout true or false when they have heard each one.

### Section 4: 10-12 mins | Whole class / Pair

Voters begin by naming commonly used ingredients. They are then presented with a list of ingredients and a blurred photo, which they have to use to name the final product. Voters then have a health and safety reminder before moving on to the next section.

### Section 5: 5-10 mins | Whole class / Pair

Voters interpret a pie chart based on how one school has decided to divide time between subjects in their curriculum in one term.

### Section 6: 2-3 mins | Whole class

Voters read two opinions based on this week's VoteTopic question. They point to the opinion they agree with the most.

### Voting | Whole class

Voters review the Yes/No arguments before casting their votes. Please login to your VfS account to log votes.